



Thursday April 12, 2018

5:30 – 7:30 pm

Location: **South West LHIN, St. Thomas Office**

In attendance

Dr. Anusha Perera (Elmdale FHO)	NP Laura Sheridan (Palliative)	Dr. Kelly Jones (STEGH)	Kelly Simpson, Director SWLHIN
Jackie Harris (Central CHC)	Jolene Barr (Indivior) via t-con	Megan Neill, ADSTV	Dr. Kellie Scott (Elmwood FHO) SWLHIN Clinical Lead and Co-Chair
Nancy Lawrence (Public Health)	Dr. Anne Howe (EEFHT)	Dr. Brooke Nofhle (Clinic 217)	Jana Fear, SWLHIN Health System Planner
Stephanie Johnston (TVFHT)	Nicole Seymour, Academic Detalier	Dr. Annie Keeler (Elmdale FHO)	Dr. Melissa Tenbergen (Elmdale FHO) Co- Chair
NP Laura Van Dam (Elmwood FHO)	NP Jessica Johnston (Central CHC)	Diane Arsenijevic, Health Links	Lisa Rigg, SWLHIN Executive Assistant
Kirk Foat, Patient Advocate	Rebecca Sutcliffe (Home and Community Care)	Dr. Kevin Mardell (WECHC)	

Agenda

Item	Topic or Subject	Action
1.	Welcome and Introductions	
2.	<p>Update from the Sub-region Integration Table</p> <ul style="list-style-type: none"> • March meeting – reviewed local committees and tables to identify redundancy, overlaps and gaps <ul style="list-style-type: none"> ○ Scoped and scaled on priority 1 patients receiving the right level of care in the right place (spectrum of home, community, hospital, LTC) ○ Change ideas such as community paramedicine, improving working conditions for PSWs in home care sector, looking at transitions of care from an integration perspective, home visits, falls, strategy, coordinate care plans, new models of assisted living, home sharing • April meeting – reviewed second priority – accessing mental health and addiction services <ul style="list-style-type: none"> ○ Unable to access specialty programs due to catchment areas ○ Need navigator role to help find the right service for patients (no door is the wrong door) ○ This will give system level view of capacity and gaps 	

	<ul style="list-style-type: none"> ○ Public health focus on prevention and well being ○ Structured psychotherapy funding ○ Need for peer support and family support ○ Discharge planning/CCP for discharges from acute mental health or those involved with tertiary services <p>Feedback</p> <ul style="list-style-type: none"> • Query 211 being helpful in this geography providers can call there to find right service for their patient • Difficult to access basic mental health services and not just specialty services • Phone consults by psychiatry are appreciated 	
3.	<p>Opioid Crisis, Prescribing and De-prescribing</p> <ul style="list-style-type: none"> • Dr. Scott discussed the opioid crisis currently happening in Ontario. Reviewed statistics recognized they could be underestimates due to coding. • Ministry of Health announced funding over three years in August 2017 to address the 'Opioid Crisis' • Providers are both part of the problem and part of the solution • Many resources for primary care in addressing opioid crisis <ul style="list-style-type: none"> ○ HQO Quality Standards ○ HQO Practice Reports (provides you with prescribing practices of yourself and other providers) ○ 2017 National Guidelines ○ OCFP Mentoring Networks ○ Project ECHO ○ Addiction Toolkit ○ Elgin Health Link <ul style="list-style-type: none"> ▪ Can assist in getting psychosocial supports ○ Centre for Effective Practice ○ Local materials: AA, NA, ADSTV, Clinic 217 • Centre for Effective Practice – Academic Detailing (Nicole Seymour). See presentation. <ul style="list-style-type: none"> ○ Academic detailing = providing 1 on 1 education to family physicians in an evidence based manner by a Clinical Pharmacist at your preferred time/location on a series of topics about opioids initially – later to expand to other topics. Mainpro accredited and free. ○ Book a visit directly with Nicole at Nicole.seymour@effectivepractice.org or via the website www.effectivepractice.org 	
4.	<p>Addiction Services in Elgin</p> <ul style="list-style-type: none"> • Addiction Services of Thames Valley <ul style="list-style-type: none"> ○ Meghan Neil mneill@adstv.on.ca from Addiction Services of Thames Valley provided a presentation on available addictions services in Elgin. See presentation. 	

- What is covered: trauma informed screening, assessment, treatment planning and outpatient addiction treatment, case management for individuals concerned about substance use and/or internet, gaming disorder or problem gambling, transition supports through levels of care, support, education and treatment for family members, a variety of programs to address specialized needs, coordinated care, French language services and mental health and addiction navigator
- Serve ages 12+ and all genders - Individuals, families and the community. No geographical restrictions – may seek service in any location (i.e. for privacy). St. Thomas, West Lorne, Aylmer, London.
- Several ways to receive counseling/treatment or just have an assessment – walk-in, phone call, email, also accepts a faxed note referral from primary care and they will contact patient. Cards available for your office to handout with contact info them for some resources for your office.
- Diverse programming but intake is common pathway and they will direct the patient to the right program – something for everyone
- Wait times vary 1-4 weeks for individual appointments and depending on the program, however do prioritize youth. Walk in is available to mitigate waiting.
- Communication with primary care is dependent on client consent and negotiated on an individual basis

Clinic 217

- Dr. Brooke Noffle provided an overview on opioid replacement therapy based on experience in his practice – Clinic 217. About 425 patients.
- Provide methadone and suboxone for addiction treatment
- So far all patients seen have been self-referral however primary care providers can now refer patients directly. Will send a brief update to primary care following treatment (see attached form and letter)
- In the process of working to provide safer equipment exchange program (needles, filters, kits etc)
- 65-75% of patients have a trauma history, refer out to community services for support in mental health

Subloxone Education

- Jolene Barr from Indivior provided information on suboxone
- Mandate as a company is to partner with communities and organizations to break down the stigma and barriers to treatment for clients

	<ul style="list-style-type: none"> • Provide education, information and materials on suboxone in the treatment of opioid addiction <p>Feedback</p> <ul style="list-style-type: none"> • Suggestion to consider asking patient if there is a reason that they do not want communication with their primary care provider vs. asking if their primary care provider can be included (considering the primary care provider is part of the circle of care) Consider reversing the consent question – presume consent (circle of care) unless you tell us you don't want information shared – opt-out approach vs. opt-in • Would be helpful to have successful narcotic tapering stories for individuals who are working towards the same goal to highlight that this can be done and to motivate people – to providers but also to public 	
5.	<p>Emerging Issues in Elgin</p> <ul style="list-style-type: none"> • Follow up on orthopedics/opioids <ul style="list-style-type: none"> ◦ Article from JAMA to support not using opioids prior to orthopedic surgery • Referral notifications – specialists offices asking us to notify patients about appointments at their offices • Elgin will be getting an 8 bed hospice (approved by LHIN board March 2018) • Outside use billing at STEGH • MH Meetings – primary/acute/tertiary/CMHA 	<ul style="list-style-type: none"> • Dr. Scott to follow up on outside use billing at STEGH – still awaiting a response from Dr. Chehadi • Referral notification to be on future meeting agenda
6.	<p>Closing Remarks/Wrap Up</p> <ul style="list-style-type: none"> • Next meeting Thursday June 7, 2018 5:30-7:30 pm 	