

**SW LHIN Oxford Elgin
Hospice Palliative Care
Outreach Team Presents:**

Spring Forum 2018

Thursday May 17th 2018

**“Courageous Caregiving –
The Gift of Presence”**



REGISTER BY MAY 14, 2018

Who: Informal Caregivers
(Family/Friends), Hospice Volunteers,
Personal Support Workers/Aids, Primary
Care Providers i.e. Physicians, Nurse
Practitioners, Physician Assistants, Other
Allied Health Professionals

When: 12:30 pm to 4:15 pm

Where:
Dorchester Community Center
2066 Dorchester Road
Wheelchair Accessible Facility

Cost:
FREE with an Eventbrite Ticket
www.eventbrite.ca
Search: Spring forum

Or [Registration Link - eventbrite](#)

<https://www.eventbrite.ca/e/spring-outreach-education-forum-palliative-care-oxford-elgin-tickets-43668843687?aff=eac2>

This program has no commercial support

For registration questions or concerns please contact Karen Schneider at 519-421-5675 or by email Karen.Schneider@lhins.on.ca

This one-credit-per-hour Group Learning program meets the certification criteria of the **College of Family Physicians of Canada** and has been certified by the Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to **5.25 Mainpro+ credits**. Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

12:30 pm – 12:35 pm	Opening Remarks/Introduction
12:35 pm – 1:25 pm	Key Note Presentation: “Perspectives on Caregiving” Michelle O’Rourke RN, MA
Objectives	<ul style="list-style-type: none"> explore the concepts of care, compassion and caregiving, with an emphasis on insights selected from the writings of Henri Nouwen identify and discuss the transformative effect of the gift of presence as experienced through caregiving identify ways to maintain wellness and balance while caring, and be introduced to resources available for support
1:25 pm – 1:35 pm	Questions
1:35 pm – 1:50 pm	Break
1:50 pm to 3:50 pm	Break Out Session #1
1:50 pm – 2:45 pm	Palliative Pain and Symptom Management Dr Kevin Mardell, MD, CCFP, FCFP Dr Jitin Sondhi HBSoc, MD, CCFP(PC)
Objectives	<p>Case based presentations to stimulate thoughtful discussion:</p> <ul style="list-style-type: none"> tools for assessment of pain for the palliative patient understanding nociceptive and neuropathic pain. review of opioid choices, conversions, side effects and neurotoxicity non-opioid and adjuvant pain medications brief review of non-pain symptom management whole person care (depression, anxiety, suffering, spiritual care)
2:45 pm – 3:00pm	Process for DNRc Dr Kellie Scott MD, CCFP, FCFP
Objectives	<ul style="list-style-type: none"> understand the DNR certification process in Ontario comfortably initiate/participate in a DNR-C conversation with patient accurately and completely fill out the DNR-C form
3:00pm – 3:10pm	Questions
3:10 pm – 3:45 pm	Outreach Care Story Oxford Elgin Hospice Palliative Care Outreach Team: Dr Karen Fryer MD, CCFP, FCFP., Marlene Franklin RN, B.ScN, Sarah Ostrowski RN BScN, Patti Harmer RN CHPCN, Suzanne Christo RPN (CAPCE certified), Jane Jennings RN(EC), BScN(Hon), MN, GNC(C), Reverend Bill Mayoros B.A. M.Div, Jane Downey (Eshift), Anne Marie Wallace Phillips BSW, RSW, Becky Ahrens Supportive Care Coordinator.
Objectives	<ul style="list-style-type: none"> share/reflect on an Outreach Care Story which illuminates the best possible palliative care journey through to the end of life. discuss facilitators and potential barriers to having the best possible palliative care journey while on the outreach team.
3:45 pm – 3:50 pm	Questions
1:50 pm to 3:50 pm	Break Out Session #2
1:50 pm – 3:30 pm	“Care for the Caregiver” Workshop Michelle O’Rourke RN, MA Kathy Ellis RN BScN CHPCN©
Objectives	<ul style="list-style-type: none"> build on the keynote material presented on care, caregiving and presence with an interactive and reflective experience reflect on personal caregiver experiences and develop self-care skills as well as a wellness action plan to take away for personal use
3:30 pm – 3:40pm	Questions
3:40 pm – 3:50pm	Back to Dorchester Community Centre Hall
1:50 pm to 3:50 pm	Break Out Session #3
1:50 pm – 3:30 pm	“Legacy” Workshop Eugene Dufour B.A. M. Div., Reverend Bill Mayoros B.A. M.Div., The Rev. Canon Nick Wells B.A. M.Div., John E. Montgomery M.Div MTS RP RMFT, Anne Marie Wallace Phillips BSW, RSW, and Becky Ahrens Supportive Care Coordinator.
Objectives	<ul style="list-style-type: none"> reflect on current theory/practice of Legacy Work for end of life learn how to assist patients/families with Legacy Work using practical examples share and reflect on legacy work participant experiences/examples learn how to use the following Legacy Work tools: <ul style="list-style-type: none"> The Wisdom Stones, Blending Sand, Hug Blanket, The Sweater Gift, Life Review, Fondest Memories
3:30 pm – 3:40pm	Questions
3:40 pm – 3:50pm	Back to Dorchester Community Centre Hall
3:50 pm – 4:10pm	Collective Questions/Wrap Up Exercise
4:10 pm – 4:15 pm	Evaluation