

Diabetic Foot Ulcer Risk Stratification & Referral Algorithm

Step 1: Risk assessment > Step 2: Determine foot ulcer risk

<p>PHX: Amputation Yes <input type="checkbox"/> No <input type="checkbox"/> Ulcer Yes <input type="checkbox"/> No <input type="checkbox"/> PAD Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p>Right Left</p> <p>Dorsalis Pedis Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p>Posterior Tibial Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p>Deformity Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p>Monofilament Testing:</p>	<input type="checkbox"/> PHX amputation	<input type="checkbox"/> 3b
	<input type="checkbox"/> PHx ulcer OR <input type="checkbox"/> Active ulcer	<input type="checkbox"/> 3a
	<input type="checkbox"/> HX PAD OR <input type="checkbox"/> *Absence of both PT & DP pulses on either foot	<input type="checkbox"/> 2b
	<input type="checkbox"/> *Deformity AND *Neuropathy $\leq 6/10$ monofilament sensitivity on either foot	<input type="checkbox"/> 2a
	<input type="checkbox"/> *Loss of protective sensation $\leq 6/10$ sensitivity on either foot to monofilament testing	<input type="checkbox"/> 1
	<input type="checkbox"/> Low foot ulcer risk	<input type="checkbox"/> 0
	Comments: 	
	Date:	Signature:

Step 3: Determine follow-up plan

Level of Risk 3: Q1-4/12 assessment and referral to a "High Risk Service" such as

<input type="checkbox"/> SJHC Parkwood Institute- Dr. Keast; London	519-685-4075	<input type="checkbox"/> Thames Valley FHT-Middlesex Centre, Dr. Howard; Ilderton	519-913-2899
<input type="checkbox"/> SJHC Primary Care Diabetes Support Program; London	519-645-6961	<input type="checkbox"/> Alexandra Marine and General Hospital- Dr. Kittmer; Goderich	519-524-8527
<input type="checkbox"/> West Elgin Community Health Centre; West Lorne	519-768-2548	<input type="checkbox"/> Grey Bruce Health Services-Diabetic Foot Ulcer Clinic; Owen Sound	519-371-7695
<input type="checkbox"/> London Diabetic Foot Clinic- Dr. Thompson; London	519-432-6266		

Access SWRWCP Diabetic Foot Referral Tool to build an interdisciplinary team www.swrwoundcareprogram.ca

Give structured self-care info – Refer to www.swrwoundcareprogram.ca for patient self -management resources

Level of Risk 1 and 2: Q 3/12 or Q 6/12 assessment and referral to a "Moderate Risk Service"

Primary care monitoring

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Give structured self-care info – Refer to www.swrwoundcareprogram.ca for patient self -management resources

Level of Risk 0: Q yr assessment with

Primary care monitoring

Give structured self-care info – Refer to www.swrwoundcareprogram.ca for patient self -management resources

IF no Family MD/NP- Access SWRWCP Diabetic Foot Referral Tool to find local Diabetes Support Programs/Diabetes Education Programs/Diabetes Education Centres www.swrwoundcareprogram.ca/DiabeticFootUlcer